

# A quick guide to the Spring 2018 season



## LIJSL playing rules:



U9-U10 teams play 2X25, 7V7, minimum players 5. U11-U12 teams play 2X30, 9V9, minimum players 6. U9, U10, U11 and U12 teams are allowed to use players from other same age teams within their club only as long as the roster does not exceed 18. Just check that the all the passes are stamped Travel 2009, 2008, 2007 and 2006 LIJSL Registrar on the back and the club name on the front is the same.

**CLUB PLAYERS LIJSL U13-U19 Teams can now use up to a maximum of 5 club players, all LIJSL club players have a pass for the team they are a club player with. No player can play an LIJSL game or LI Cup game without a pass for that team. NO GUEST PLAYERS ALL AGE GROUPS U9-U19**

**IF TEAMS HAVE A 22 MAN ROSTER they are allowed to dress all 22 players for an LIJSL game.**

**U17 all LIJSL games are 2X40**

**NO DELIBERATE heading U11 and under** when a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs in the goal area, the indirect free kick should be taken on the goal area line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.



**ENY State Cup** There are different state cup competitions, **National Championship (Open Cup) and Arch Cup**. The **Open Cup is single elimination** so games **CANNOT** end in a tie. See overtime rules below. **Arch Cup has group play rounds** that if the teams are tied at the end of the game **IT REMAINS A TIE**. **Arch Cup quarterfinals, semi-finals and finals games CANNOT end in a tie** see overtime rules below.

## ENY State Cup Overtime Rules **must play 2 equal halves**

**U15, 16, 17, 18 & 19 2 x 15 min.**

**U10, U11, U12, 13, 14 2 x 10 min.**

Only players on the field of play at the end of the second overtime period are allowed to participate.

7.2.2 Five (5) players from each team are selected by their Coach to take this type of kick (commonly called a penalty kick), alternating with five (5) players from each team.

1. The Referee shall choose the goal at which all of the kicks shall be taken.

2. The Referee shall toss a coin, and the team whose captain wins the toss shall decide whether to take the first or second kick.

3. (a) Subject to the terms of the following paragraph (c) and (d) both teams shall take five (5) kicks. (b) The kicks shall be taken alternately. (c) If, before both teams have taken five kicks, one has scored more goals than the other could, even if it were to complete its five (5) kicks, the taking of kicks shall cease. (d) If, after both teams have taken five (5) kicks, and both have not scored any goals, the taking of kicks shall continue on a one to one alternating basis (not necessarily five (5) more kicks each) until such time that one team has scored one goal more than the other team after both teams have taken an equal number of kicks. No player is to take a second kick until all players, including the goalkeepers, of the teams on the field of play at the end of the second overtime. **U10, U11 and U12 Small Sided games Penalty spot shall be 10 yards from the goal. U12 - U19 shall be 12 yards from the goal.**

### **NOTE NEW RULE FOR ENYSSA STATE CHAMPIONSHIP CUP (Does not apply to Arch State Cup)**

**U15 and older teams, a maximum of 7 substitutions for each team shall be allowed in each game during each half of play and during overtime play. After leaving the game during a half of play, the substituted player may not re-enter the game during that same half of play. After leaving the game during overtime play, the substituted player may not re-enter the game. Substitutions may be made, with the consent of the Referee, at any stoppage in play**

## LI Cup Overtime Rules

**Tie at End of Regulation** A tie score at the end of regulation time will require a **Sudden Death overtime**, with two (2) halves if needed, switching of sides at the half.

**Under 13 thru U19 2 - 7 minute halves Under U9 thru U12 2 - 5 minute halves Tie Exists after Overtime** If neither team scores during overtime which would immediately end the game and a tie still exists a penalty kick competition shall occur. **See penalty kick rules above.** (U9, U10, U11, U12 Penalty spot is 10 yards from goal)